

Cottage Courier



December to January 2015

Letter from the Editor

Dear Readers,

Hello everyone, My name is Mathew, Firstly Welcome to This Month's Cottage Courier, I will be the editor of this month's Cottage Courier, I'm a Year 12 Student from Ingleburn High School and have been attending my work placement for one of my school subjects 'Business Services'. I have been working at Myrtle Cottage for a week and been experiencing working in an office environment.

In this edition of the Cottage Courier, you can find out the latest information about us. Also you'll be able to find reports that are written by our staff such as Elizabeth's Manager's Report on page 2, Warren's Transport Report on page 10 and Volunteer Voice by Joanne on page 12 and a lot more other interesting and exciting news to read

I Hope you enjoy the newsletter that I made for this edition, thank you!

Thank you

From Editor: Mathew HO



***Disclaimer:** Information contained in this newsletter is believed to be true and correct at the time of Publication. This newsletter is provided for information and awareness purposes only. People should make their own enquiries and judgement concerning any information, services or products contained within. The views expressed on this newsletter are not necessarily those of Myrtle Cottage.*



Myrtle Cottage Group

6 Bosci Road, Ingleburn NSW 2565

 (02)9426 3100

Elizabeth's Exciting Edit Manager's Report



Hi all,

What a busy time of year around Christmas! So much to do and enjoy! And as everyone is immersed in the Christmas spirit, it is like living through an extra long holiday again! Now that we are back after all the breaks, we are working again to ensure all activities at the Cottage continue to be interesting and fun for everyone. Some of you would remember we did complete the Quality review process required for Commonwealth funding, and we have now confirmation that we met all outcomes under the Home Care Standards. Following this we are now undergoing the Quality review required for disability (state) funding. A number of members and volunteers assisted us with both processes and I wanted to thank them for their time and help. It was a very interesting process. In February we will hold a training day for staff and volunteers. This will be a bit different, but I anticipate everyone should enjoy the new project, with all getting the benefits and above all, members! I hear in the grapevine that new ways to consult with members are being introduced to find out what it is each of you like best, so don't be shy and tell us what you think. Our staff and volunteers will be only too happy to work with you to introduce changes. Lastly I would like to encourage all to enjoy the lovely weather we are having! Not often we have a summer as mild as this one, but still remember to guard against the heat, drink lots of fluids and wear your hats outside! Look after your selves and each other!

Kind regards, Elizabeth Delcasse , Manager

Remember all donation over \$2 are tax deductible

Donations Received:

The Hawker Foundation \$5000

Norma \$800

Marie \$100

Gerry \$50

Edmond \$50

Kathryn \$50

Dianne \$30

Ageing & Disability



Sarah, Warren
Chris, Rochene,
Joanne,
Connie, (Marilyn)

Please Note: The Diversional Therapy Program operates at Myrtle Cottage five days per week. This program is specifically designed for younger people with a disability or people who are frail aged. The article below relates to this group only.

Hi Everyone,

I hope everyone had a Merry Christmas visiting families and friends or with all the grandchildren totally wearing you out. But they say children around keep us young, and it's lovely to see the children getting excited about Christmas. During the month of December all programs attended a great day celebrating Christmas at Ingleburn RSL with a two course meal, dancing and entertainment by the Rookwood Rockers. We were all rocking by the end of the day.



The programs Monday to Friday had a lovely time during Christmas week celebrating Christmas with entertainment from Country Plus, Vintage 4, Garry on the piano and The Wanders who donated their time for us. Thank you all so much we all enjoyed reminiscing to the many Christmas Carols. Members have enjoyed the morning and afternoon activities across the programs. We are introducing a new afternoon activity with Marilyn and Chris called Planning afternoon. This will see all members being consulted in what they would like to see and do on the program. The knitting group have been busy knitting squares to make blankets for the daily raffles and the finished products look great. Tuesday members are enjoying learning the computers with volunteer bus driver Noel. If any members would like to bring their own laptop to the Cottage and learn how to use their laptop correctly and receive some advice you are more than welcome.



Events Coming Up: Seniors week Open Day 20th March!

Chris Staraj



Craft Activity

Key Rings

Equipment

Clear plastic key ring from Clever Craft
Fake Flowers
Ribbon
Glitter Shapes
Wire Cutters

Method

Using wire cutters
Cut Fake Flower Stems
Place three flowers together
Tie ribbon around the stems
Place bunch of flower in the heart shape
Tie ribbon through the hole at the top
You can hang them from your bag or walker



DONATIONS & BEQUESTS

Please remember the following methods are available to support the Cottage and secure it's future.

Donations:- These are fully tax deductible and can be made by cash or a cheque payable to Myrtle Cottage

Bequests:- A bequest is a gift arranged during a persons lifetime but which does not pass to the beneficiary until the future.

We realise that most people involved with the cottage have directed the proceeds of their estate in their wills to family/friends etc. There are however, people who decide to direct the proceeds of their estate, either in full or part to Charity. We would like these people to consider a bequest to Myrtle Cottage. If you require further information on how to make a bequest please call us at Myrtle Cottage.

Bell Program



Penny, Christine, Sue, Renee and Diana

Please Note: The Bell Program operates Monday, Tuesday, Wednesday, Friday & Saturday for Campbelltown, Thursday for Wollondilly and Wednesday for Camden. This program is specifically designed for people with Dementia/ Alzheimers. The article below relates to this only

Hi Everyone,

Welcome back, the Bell program's staff and volunteers are ready for a fun filled 2015. We have introduced dancing groups to our exercise sessions, and it is going well. So far most members are happy to have a go, some clap and sing along which is still meeting our goals. I will be including this on the Bell program. Our first outing is coming up next week we hope to go on a picnic as the members are most content when we go on picnics. The Cottage will be closed on the 26th of February for our staff training day. The Carers information days held at the Cottage will be starting again soon, but no dates have been set as yet. On the week of 14-22 of March it is senior's week. We hope to have the dementia concert again, last year everyone had a great time dancing and singing at West Leagues Club. As soon as the council gives me the date and venue I will let you all know. We are now making copies of the Bell slide show, if you haven't put your order in and you wish to purchase one please do asap. I hope some of you are able to attend the support groups for carers of people with dementia. See my fact sheet for the details.



Christine Turner

Bell Program coordinator



HAPPY BIRTHDAY

December



Hazel, Albert, Daphne & Roseanne

January



Harry, Zita & Richard

Dementia: Fact Sheet

EW Support Group

for carers of people with dementia



*Are You Caring For Someone Who Has Dementia?
Would you like to meet with others
who are in a similar situation? Then join us
on the first Friday of the month (except on Public Holidays).*

FREE OF CHARGE!!!

*If you require respite for the person for whom you care,
please contact us before the scheduled meeting date.*

Venue Rosemeadow Community Health Centre, 5 Thomas Rose Drive, ROSEMEADOW
Tel 02 4633 4100

Dates for 2015

6 th February	6 th March	No meeting in April	1 st May
5 th June	3 rd July	7 th August	4 th September
2 nd October	6 th November		

Time 10.30am- 12.30pm

or further details contact: **Doslyn Matigimu or Jan Margin** : **Macarthur Dementia Advisory Service**

Phone: 4654 6062 / 4654 6157 Fax: 4654 6470

Email : doslyn.matigimu@sswahs.nsw.gov.au or janice.margin@sswahs.nsw.gov.au



RECREATION PROGRAM

NEWS FROM THE WANDERERS

Connie and Penny

Please Note: The Recreation Program operates Friday & second Saturday for people aged 18 to 60 years with a disability. The article below relates to this only

Hello to everyone, and welcome back to a fresh new start for 2015! In December we enjoyed some Christmas shopping at Narellan Town Centre and purchased some nice gifts for friends and family. First we went to the food court to have a cup of tea and coffee, then it was Get Set and GO, we all went off in different directions to find some bargains. There was a great variety of foods for lunch too! Our next outing in December was to have Indian food over in the Wollongong area. Some of us were getting a bit of a sweat up as the food that we ate was lovely and tasty but a little hot. The following week we were off to Bankstown Trotting Club where we sat at a large window and watched the trotting horses go by. For their last outing for the year the Wanderers had a Chinese dinner at Narellan Court Restaurant and as always the food was scrumptious. After dinner we went to see all the beautiful displays of Christmas lights. The first outing in 2015 was Warragamba Dam, members looked over the observation deck where they had a great view followed by a great picnic. The Wanderers also visited St Mary's Band Club for a nice lunch. Our last outing was a BBQ at Cataract Dam where we all enjoyed a day surrounded by nature in the Australian bush. I hope you all had a wonderful break. Looking forward to our new adventures with the Whacky Wanderers. Hoo Roo 4 now!!!

Connie & Penny

Wish list

Raffle Prizes & new items for the Trading Table!

HAPPY BIRTHDAY

Margaret H

Jeanelle

Melanie

Lucy



Link up to Linkline



Marilyn

Please Note: The Linkline Program operates Monday to Friday at allocated times for an hour. The article below relates to this only

Hi everyone and welcome back to Myrtle Cottage! December went by with all the usual parties and pressies being given out and I must say thank you, to those of you I received gifts from they are all lovely and thoughtful. The Cottage parties were fun! This year we had the volunteers' party at Mt Annan. We had to bring it back to the Cottage for lunch due to fire restrictions but everyone had a good time. I decided that I won't make as many Christmas cakes this year as you all bring in so much yummiestuff! My husband and I had a great Christmas this year with extra grandies to play with and a bit more time to ourselves and played a little golf. I came back early January for a change and even caught up with the Friday group who I had missed because of my four day week, it was great to see everyone and to have a couple of painting sessions with you. I will try during the year maybe during school holidays to pop in for more paintings. The kitchen continues to do well, and I thank the volunteers who have returned this year to help out, both in the Diversional Therapy room and the kitchen staff. We haven't started our outings yet but I'm looking forward to sharing a few conversations with you when next we meet. Till then enjoy Myrtle Cottage remember we are there for you so let us know what you want to do, or your special treats and we will endeavour to comply. Till next time keep smiling

Merilyn Gear, Linkline coordinator.

LOST PROPERTY If you have misplaced an item please see staff. The Lost Property Box will also be placed on the Trading table for people to identify their belongings.



**HAPPY
BIRTHDAY**

Brenda



FROM THE KITCHEN

Anzac Pudding.

1 1/2 cup self-raising flour	100 gms butter
1/2 cup rolled oats	1/2 cup brown sugar
1/4 cup coconut	1 cup milk
1 egg	1 tsp vanilla essence

Sauce

50 gms butter
1/2 cup golden syrup
2 cup boiling water

Method

STEP 1: Preheat oven to 160C.

STEP 2: Sift flour and rub in butter with fingers.

STEP 3: Add rolled oats, sugar, coconut and mix.

STEP 4: Mix milk, eggs and vanilla and add to dry ingredients. Mix well.

STEP 5: For the sauce, mix together butter, syrup and boiling water.

STEP 6: Pour over

Donations Box

Thanks to members making use of the donation box for loose change etc.

Every *little bit counts*. The total received since the last newsletter is \$10.75

which brings the total since July 2014 to;

The Donation box is located near the entrance to the activity room. (it's the slot in the wall)

\$433.65

Warren's Wisdom



Warren

Transport Report

CHANGES IN MEMBERS TRANSPORT NEEDS: Members are advised that from time to time your needs may change in regards to your transport. You may be finding it hard to access the bus via the stairs and may need to use the hoist, or you may need a wheel chair from your home to the bus. Whatever the reason, if you think you need to change the way you access the bus or the Cottage please let a staff member know, so we can implement the changes needed to keep you safe and independent.

NOTIFICATION OF INABILITY TO ATTEND COTTAGE: Members are asked to advise the Cottage either by phone or tell a staff member while you are at the Cottage if you are unable to attend the Cottage for any reason on the day you normally attend. If you ring the Cottage, please ask who you are speaking to, or leave a clear message on the answering machine, with your name and a contact number. Do **NOT** tell the driver or bus assistant, **you must ring the office** and inform a staff member of your non attendance, this is very important and it will avoid the driver having to go to your residence unnecessarily or more importantly getting you out of bed if you are sick, so **PLEASE ring the Cottage if you are unable to attend.** Another issue is when a Member is away for a length of time eg: more than 2 weeks. You must notify us when you will be returning. Even if you have given a date of return it is always a good idea to ring the Cottage to confirm you will be returning.

Warren Kean , Transport Coordinator

Do you know a volunteer who deserves
recognition for the work they do?
Volunteer Nomination forms are in the
foyer information carousel



JOKE OF THE MONTH!

Husband Store

A store that sells new husbands has opened in Melbourne, wherein a woman may go to choose a husband. Among the instructions at the entrance is a description of how the store operates: You may visit this store ONLY ONCE! There are six floors and the value of the products increase as the shopper ascends the flights. The shopper may choose any item from a particular floor, or may choose to go up to the next floor, but you cannot go back down except to exit the building! So, a woman goes to the Husband Store to find a husband. On the first floor the sign on the door reads: Floor 1 - These men Have Jobs. She is intrigued, but continues to the second floor, where the sign reads: Floor 2 - These men Have Jobs and Love Kids. 'That's nice,' she thinks, 'but I want more.' So she continues upward. The third floor sign reads: Floor 3 - These men Have Jobs, Love Kids, and are Extremely Good Looking. 'Wow,' she thinks, but feels compelled to keep going. She goes to the fourth floor and the sign reads: Floor 4 - These men Have Jobs, Love Kids, are Drop-dead Good Looking and Help With Housework. 'Oh, mercy me!' she exclaims, 'I can hardly stand it!' Still, she goes to the fifth floor and the sign reads: Floor 5 - These men Have Jobs, Love Kids, are Drop-dead Gorgeous, Help with Housework, and Have a Strong Romantic Streak. She is so tempted to stay, but she goes to the sixth floor, where the sign reads: Floor 6 - You are visitor 31,456,012 to this floor. There are no men on this floor. This floor exists solely as proof that women are impossible to please. Thank you for shopping at the Husband Store.

PLEASE NOTE: To avoid gender bias charges, the store's owner opened a New 'Wives' store just across the street.

The first floor has wives that love sex.

The second floor has wives that love sex and have money, love sport and like beer.

The third, fourth, fifth and sixth floors have never been visited.

Myrtle Cottage would like to thank the following for their generous support:



- ☺ Ingleburn RSL Club
- ☺ Ingleburn Rotary Club
- ☺ Ingleburn Lions Club
- ☺ Ingleburn Quota Club

Client Advisory Committee

Date: 3.2.2015

Attendance: Robyn Orchard, Sheila Johnson, Helen McCully, Jo Greenwood, Elizabeth Delcasse

Apologies: John Roy, Andrew Moore, Ann Glasgow, Brian Flemming, Jerry Betteridge, Janice Moy, Lynette Irvine

Item	Discussion	Outcomes/ solutions
Business arising from previous meeting	N/A	
Training – attended or required	First Aid completed in December by staff, volunteer drivers and bus assistants.	
Work experience and volunteers	Volunteer Induction resumed 2/2/15	
	Feedback received from Monday's group, who confirm Mondays volunteers are working really well	
Policy development, review and Implementation	Review – Conflict of Interest for Board members	Deferred to April meeting, due to low numbers attending meeting today
WH&S	Recent incident with toilet door, resulted in decision to have all locks of same type to be replaced	Job to be completed by the end of this week
Strategic Plan Updates	Commonwealth review completed & finalised	Result indicated all outcome were met by the organisation
	TPV review done, gaps being addressed	Plan to correct gaps to be submitted by due date
Other business	Ballroom dancing – fell through as instructor has taken ill. Arts and exercise's classes are popular across all days	Consultation to be increased to identify activities of interest
	Staff movement – feedback form for casuals implemented	Good feedback received about current staff and trainee
	Lunch – Fish & Chips a regular feature in lunch program following members' requests	Good comments – food is much better that a few months ago.

Other business	Rummyking game players are growing steadily, with three groups now iparticipating.	
	Raffle prizes – are being requested, with discussion happening about how and who to approach the subject with.	Suggestions were to add a note to newsletter and include biscuits/ other edibles as prizes
	Vacancies in Advisory Group have increased significantly as members left in recent months.	Groups to be approached for nominations to increase committee’s capacity.

Next Meeting will be: 7th April 2015

Member Update

Members that are in permanent care:

Tuesday

- Raymond T
- Gwen M

Wednesday

- Kenneth I

Friday

- William M

Saturday

- Charlie M

Members that are Sick

Monday

- Anne W
- Margaret K

Tuesday

- Kath M
- Rita M

Friday

- Fred C

Members who have passed away:

Tuesday

- Jaroslav H
- John R

Members that have left the Cottage:

Tuesday

- Joyce G

Welcome back:

Monday

- Marion L

Thursday

- Mary L

Hair cuts

Anyone wishing to get their haircut whilst at Myrtle Cottage can make an appointment with Merilyn. **Cost \$10.00** Phone the Cottage: **9426 3100**



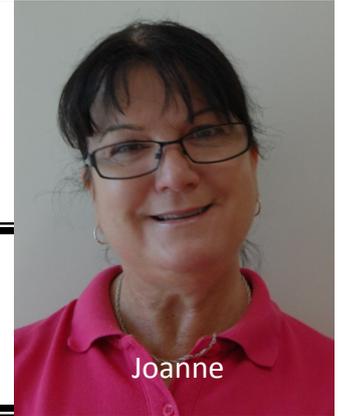
The Trading table has raised \$ 615.25 since the last newsletter.

Larger items can be photographed and placed on the notice board.

The changes to the trading table have been well accepted by all.



The Volunteers Voice



Joanne

This column is for volunteers. It provides a summary of the volunteer meetings held, any notices or issues for volunteers & provides an opportunity for volunteers to have their say

Welcome back everybody! I hope you all had a great break over Christmas and the New Year, I am looking forward to 2015. It's been a great few months at the cottage and hoping that to continue. Our new volunteers are settling in well and are enjoying their time at the Cottage which is great. We still need more volunteers on specific days and especially in the Bell program. Our next induction is Monday 9/3/2015 so if you know of anybody who would like to volunteer could you please let me know. As you know you are all valuable to the Cottage and help our programs to run smoothly so thank you all for your help. Thank you to all the members for your kind donations for our Christmas raffles and Hampers, we also have had some great donations for our trading table which is always welcomed. Volunteers Reviews have been very positive and all have said that there is enough information on our induction day, which is great feedback, thank you again! There are plans for a new project I wanted to tell you about. In partnership with Camden Meals on Wheels we are looking to implement a program called 'Meal Mate' around this area. (Cont. page 15)

New Volunteers:

Rena C

Emmalyne S

Fay G

Pepe Z

Daniel C

Rooms offered for Rent at Myrtle Cottage

1. Room area 70 sq. m 2 toilets, access to adjoining courtyard.
2. Room area 180 sq. m audio visual facilities, room size can be adjusted to 90 sq. m with access to large courtyard.
3. Room area 40 sq. m full kitchen facilities, 2 toilets, ideal for group training, computer access.



This program will see volunteers going to member/ clients homes and having lunch with them. It is hoped that by having company and someone to chat with, clients will feel encouraged to eat their meal. We are considering transporting volunteers there and picking them up after 30 - 45 minutes. If any of you are interested and would like to find out more details about this program, please talk to me while at the Cottage or call me on 9426 3100. I am still working at getting familiar with all the processes at the Cottage, and it is great to have you all helping me do this. Thank you all again for your great work here at the Cottage.

Jo Greenwood Volunteers Voice

*
* **Welcome to all** *
* * *We hope you enjoy your time with us* *
* * *at Myrtle Cottage & make new* *
* * *friends* *
* *
* * **our new Members:** *

- Tuesday
- Harvey H
- Thursday
- Elvira B
- Saturday
- Roberta W

- Friday
- Valerie P
 - Kathleen F
 - Lance F
 - Maliha A


From the Improvement box
Nil this month!

Thought:

The most difficult thing is the decision to act, the rest is merely tenacity. -Amelia Earhart



Ready or not, it's the last month of 2014! Early on, a full moon in Gemini will help align your emotional and intellectual sides. Romantic matters become sober and you'll be quite aware of the possibilities, while Venus will help build up your talents.

Members:	×	Audrey	×	Helen May	×	Sydney
×	Abel	×	Hermine	×	Joan	
×	Bibi	×	Fred	×	Jean	
×	Roslyn	×	Valerie	×	Leslie	

Volunteers:	×	David M	×	Irene	×	Christine T	
×	Kathryn P	×	Noel	×	Jasmine	×	Karrina
×	Karen T	×	Keith			×	Alex
×	Sharon W	×	Don	Staff:			



Members:	×	Lynette	×	Janice	×	Doreen	
×	Maria	×	Helen	×	Sophia	×	Miha
×	Donald	×	Mavis	×	Cherrie	×	John

Volunteers:	×	Wayne	×	Peter	×	Jennifer	
×	Davinia	×	Linda W	×	Linda K	×	Julie Y

2015 begins with much promise, and one of the most vital areas of your life to focus on will be your family. A New Moon in Aquarius will help set the stage for initiating one of your greatest hopes, but Mercury also reaches your house suggesting that before you leap forward, a few revisions are in order.

Policy of the month

Conflict of Interest Policy Board Members

Objective

This policy provides guidance to Board Members about addressing conflicts of interest that may arise between individual Board Members and Board Members and the functioning policies and procedures at Myrtle Cottage Group.

Definition and scope

A **conflict of interest** arises when a Board Member has a personal interest in a matter which could improperly influence or appear to influence the performance of their duties.

A **conflict of interest** can arise when a Board Member actively seeks to avoid personal losses and/or seeks to gain personal advantage, whether financial or otherwise.

A **conflict of interest** can arise when a Board Member's personal interest competes with the policies and procedures of Myrtle Cottage as a service provider.

Perceived (or apparent) conflict of interest – where it could be perceived by others that Board Member's private interests could improperly influence the performance of their duties and powers, whether or not this is in fact the case.

Potential conflict of interest – one that an objective observer or reasonable person would think could be potentially problematic in essence or substance, whether or not this is actually the case.

Policy

Dealing with conflicts of interest involves:

Being aware: Board Members should be aware of any actual, potential or perceived conflicts of interest

Disclosing: conflict of interest should be disclosed immediately

Policy continued...

Taking action: conflicts of interest should be addressed in an open, honest and accountable manner.

Any Board Member or person who has or is aware of an actual, potential or perceived conflict between a Board Member's private interests and their duties and powers as a Member of the Board of Myrtle Cottage Group, must disclose the conflict to the Chairperson of the Board, other impartial Board Member or the Manager immediately.

The Chairperson of the Board, other impartial Board Member or the Manager must take action to address the conflict, which should always be resolved in favor of Myrtle Cottage Group's interest and record the action in accordance with this policy.

The Chairperson of the Board or Manager must take accountable action ensuring the decision-making process is fair, unbiased and impartial and considering:

- How serious the matter is?
- Whether it directly impacts on the rights and interests of a specific individual or Myrtle Cottage Group as a whole.
- Whether the Board Member has a current or previous personal, professional or financial relationship with a client member or provider and if so, the significance of the relationship.
- Whether the Board Member and anyone associated with the Board Member could benefit from, or be detrimentally affected by, a decision or finding in favour of, or adverse to, an interested party.
- Board Members must always act in a professional and ethical manner and not abuse the powers afforded to them as Board Members and must always act in the best interests of Myrtle Cottage... *To be Continued...*

Confidentiality:

Due to privacy laws we are unable to give out personal information e.g. address and phone number.

It is very important to exchange contact details with people you would like to be in touch with outside the |Cottage.



Service of the month is:

If you have any queries or would like more information about this service or other HACC services in Macarthur please contact the “Macarthur Information and Referral Service” on **FREECALL: 1800 683 232**



COMMUNITIES AT RISK

FIREWISE
moving towards a FireWise community

01

AIDER Program

Assistance for Infirm, Disabled and Elderly Residents

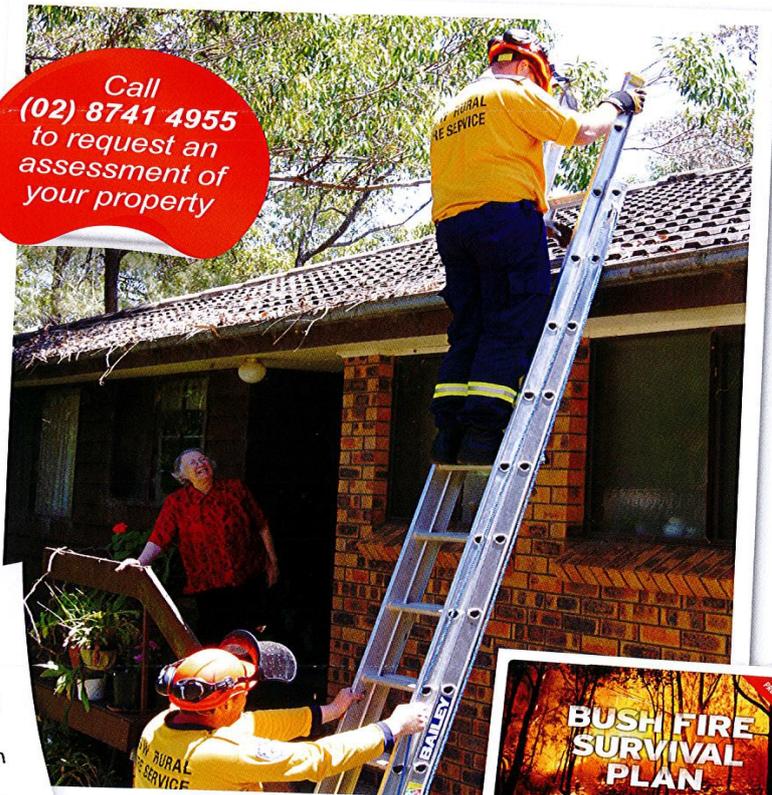
A ONE-OFF FREE SERVICE TO REDUCE BUSH FIRE HAZARDS

AIDER SERVICES MAY INCLUDE

- ✓ Thinning vegetation.
- ✓ Removing leaves, sticks and fallen branches.
- ✓ Trimming branches from around and overhanging the home.
- ✓ Mowing or slashing long grass.
- ✓ Cleaning gutters.

An assessment of your property will be completed by Rural Fire Service staff. Advice will be given about completing your Bush Fire Survival Plan. All works are completed by Rural Fire Service teams.

Call **(02) 8741 4955** to request an assessment of your property



What is AIDER?

AIDER is a once off **FREE** service, supporting residents to live safely and confidently in areas where bush fires may start. The property must be bush fire prone, meaning an area of land that can support a bush fire or is likely to be subject to bush fire attack.

Who is eligible?

Aged residents and residents with disabling conditions who have limited domestic support from family, relatives, friends or other services.



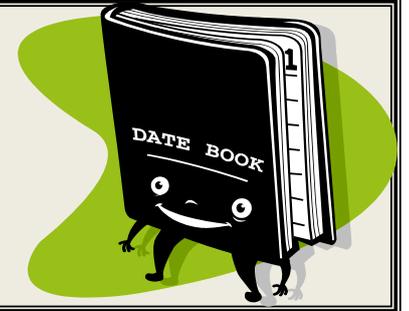
Are you prepared for a bush fire?
Aged and disabled people in the community may be at higher risk during a bush fire. The Rural Fire Service recommends that you have a Bush Fire Survival Plan.

EMAIL: aider@rfs.nsw.gov.au
WEB: www.rfs.nsw.gov.au



PREPARE. ACT. SURVIVE. | BUSH FIRE INFORMATION LINE | 1800 679 737

Important Dates to Put In Your Diary



- ✿ **8 to 12/12/14** - Daily Christmas party
- ✿ **19/12/14** - DT last day of the year
- ✿ **19/12/14** - Recreation program last day of the year
- ✿ **20/12/14** - Bell program last day of the year
- ✿ **5/1/15** - Return Monday
- ✿ **8/1/15** - Happy Feet Project Day - Podiatrist
- ✿ **23/1/15** - (Fri only) Recreation Program Members Returns
- ✿ **26/1/15** - (Mon) Australia Day Holiday
- ✿ **3/2/15** - Client Advisory Committee Meeting 10.00 am
- ✿ **19/2/15** - Happy Feet Project Day - Podiatrist
- ✿ **26/2/15** - Staff Training day – Cottage closed
- ✿ **14 – 22/3/15** - Seniors Week
- ✿ **23 – 27/3/15** - Client Advisory Committee Nominations (Thu, Fri & Bell)
- ✿ **2/4/15** - Happy Feet Project Day - Podiatrist
- ✿ **3/4/15** - Good Friday Holiday
- ✿ **4/4/15** - Easter Saturday
- ✿ **6/4/15** - Easter Monday
- ✿ **3 – 19/4/15** - School Holidays
- ✿ **7/4/15** - Client Advisory Committee Meeting 10.00 am
- ✿ **25/4/15** - (Sat) Anzac Day Holiday
- ✿ **11 – 17/5/15** - National Volunteers Week
- ✿ **14/5/15** - Happy Feet Project Day - Podiatrist
- ✿ **2/6/15** - Client Advisory Committee Meeting 10.00 am
- ✿ **8/6/15** - (Mon) Queens Birthday Holiday
- ✿ **25/6/15** - Happy Feet Project Day - Podiatrist
- ✿ **27/6 – 12/7/15** - School Holidays
- ✿ **3/8/15** - (Mon) Bank Holiday Cottage closed
- ✿ **4/8/15** - Client Advisory Committee Meeting 10.00 am
- ✿ **6/8/15** - Happy Feet Project Day - Podiatrist
- ✿ **10 – 14/8/15** - Client Advisory Committee Nominations (Monday, Tuesday and Wednesday)
- ✿ **27/8/15** - (Thurs) Staff Training day – Cottage closed
- ✿ **17/9/15** - Happy Feet Project Day - Podiatrist
- ✿ **19/9 – 5/10/15** - School Holidays
- ✿ **5/10/15** - (Mon) Labour Day Holiday
- ✿ **6/10/15** - Client Advisory Committee Meeting 10.00 am
- ✿ **13/10/15** - (Tue) Staff Meeting 3.30 pm

Important Dates to Put In Your Diary continued...

- | | |
|---|--|
| <ul style="list-style-type: none"> ✿ 28/10/15 - AGM ✿ 29/10/15 - Happy Feet Project Day - Podiatrist ✿ 25/11/15 - (Wed) Combined Christmas Party ✿ 1/12/15 - Client Advisory Committee Meeting 10.00 am ✿ 5/12/15 - (Sat) Bell Carers' Christmas Party ✿ Parties | <ul style="list-style-type: none"> ✿ 10/12/15 - Happy Feet Project Day - Podiatrist ✿ 11/12/15 - (Fri) Volunteer Christmas Party ✿ 14 – 18/12/15 - Daily Christmas ✿ 18/12/15 - (Fri) DT & LL last day for the year ✿ 19/12/15 - (Sat) Recreation Program last day for the year ✿ 19/12/15 - (Sat) Bell Program last day for the year ✿ 4/1/2016 - Return Mon |
|---|--|



DONATIONS & BEQUESTS

Please remember the following methods are available to support the Cottage and secure it's future.

Donations:- These are fully tax deductible and can be made by cash or a cheque payable to Myrtle Cottage

Bequests:- A bequest is a gift arranged during a persons lifetime but which does not pass to the beneficiary until the future.

We realise that most people involved with the cottage have directed the pro-

ceeds of their estate in their wills to family/friends etc. There are however, people who decide to direct the proceeds of their estate, either in full or part to Charity. We would like these people to consider a bequest to Myrtle Cottage. If you require further information on how to make a bequest please call us at Myrtle Cottage.

Summer - Word Search

Find the words hidden in the grid of letters.

P V G V T G C S G N I H S I F S A
 C S S G O N N P R N H O T O R B V
 I A E W C I G S N U I S N E A D S
 C N O O I P B G E Y G N W S T W U
 E D T Z N M M W K I D O E T T S N
 C A I G C A M S H R L B Y D P Q T
 R L U R I C E I A F A F J R R N A
 E S Q K P U B O N L I H I U Q A N
 A G S O L I B Q L G L N T N N G G
 M V O B C E C U R T K S S X I P S
 R T M Y T A D E F L O G E E Y Q P
 V A C A T I O N E Z D D S E C Y Y
 W L K V C B A R B E C U E N B T O
 E S A D C Q S V E N I H S N U S S

BARBECUE
 BASEBALL
 BEES
 BICYCLE
 BLUE SKY
 CAMPING
 FISHING
 FLIES
 FLOWERS
 GARDENING
 GOLF
 HOT
 ICE CREAM
 INSECTS
 MOSQUITOES
 PICNIC
 SANDALS
 SKATEBOARD
 SPRINKLERS
 SUNSHINE
 SUNTAN
 SWIMMING
 VACATION

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